

# Remember, tomorrow is never promised to anyone

By Linda Wilk

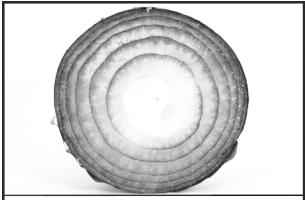
Now more than ever we are being encouraged to remember that no one is promised more than the day we are living.

Others have said seize the moment. Stop putting off things you want to do or say to someone because you don't know when you will be gone or that person who you had hoped to say something to, is gone.

What a lesson in trust and procrastination covid is teaching us if we listen.

Just what that will mean when a vaccine has been approved and begins to be circulated, we shall see.

Will it be like when the planes crashed into the World Trade Center Twin Towers in New York City and many people turned to religion. Other people created bucket lists and started checking those always want



A SLICE OF LIFE

Linda Wilk



to do items off that list.

Only a short time later, people were not attending church on a regular basis any longer and going back to old habits and ways, taking people and time for granted.

As I think about priorities and my life, there seems to be more days lately that I

wonder, am I living my life to the fullest? Am I taking full advantage of the gifts God has given me to make the greatest impact on others that I can?

I have always been one who my inner voice scolds if I sit and lounge on the couch to watch TV or sit on my porch swing and read a book when laundry needs to be done, the house needs to be cleaned etc. etc. I am trying to be better about taking time to just relax.

Right or wrong that is how I was raised. It has certainly provided me with a good work.

Yet as I get older, I am finding myself thinking more about my age. Now, I do believe that you are only as old as you think you are. Age is just a number, however, lately that number has been giving me pause.

My husband is quick to tell me that I am closer to

the next decade than the last. He likes to remind me of this because he is a few years younger than me.

While I know that I married later in life, had children later in life, so naturally am older than many of my children's friends' parents, sometimes it just doesn't sink in that I am as old as I am.

There are times I look at the local obituaries and pause when I see someone my age who has died. It makes me wonder what happened. Did they have a long-term disease or something that just crept up. Were they smokers or have a family history of heart disease or other debilitating disorder?

I work to keep myself as healthy as I can, focusing attention on exercise and trying to do my best to eat healthy most of the time.

Over the years my 95-

year-old aunt has always been a picture of health. She is an inspiration to me as she still lives in her condo by herself. She walks several miles a day and watches her weight.

Then, recently, when I called my aunt before we went to Milwaukee to see our oldest daughter Laura, my aunt told me she had been in the hospital after being unable to breath.

She said she had been struggling for a couple weeks and finally decided she might need to see a doctor. She learned she has leaky valves in her heart, which she said did not go over well with her. In fact, she admitted to being pretty rude to the doctor.

It didn't help that she learned she suddenly has to take seven pills – the first time in her life she has taken pills, which she commented she will most likely

have to continue to do the rest of her life.

This from a woman who begrudgingly wears a mask when required of her, because it hurts her ears and does not fit her stylish demeanor.

She also must limit her liquid intake and pretty much eliminate salt from her diet.

Two weeks after my aunt was in the hospital, she has gone from 135 pounds to 121 pounds after taking heed and following the doctor's orders.

As my aunt adjusts to her new lifestyle, it makes me think about what the future holds for me. And it makes me try to do my best to not fret about tomorrow, focus on today and do my very best to hold those I love close to me and make sure they know just how much they mean to me.

...continued from Page 1

Wampner, North Chapel, on Thursday, November 5 at 1 pm. Burial followed at Grant Memorial Park.

**Ronald Jay Wanbaugh**  
1944-2020  
Visitation was held at Needham-Storey-Wampner, North Chapel, on Tuesday, November 10. A private burial will take place at Marion National Cemetery.

**Vonna D. Oden**  
1939-2020  
Funeral services were held at Needham-Storey-Wampner, Storey Chapel, at 11 am. Burial followed at Grant Memorial Park.

**Patricia A. Stephenson**  
1935-2020  
Funeral services were held at Eastview Wesleyan Church, Gas City, on Sunday, November 8 at 11:30 am. Burial followed at Jefferson Cemetery.

**Harold M. "Ace" Ellison**  
1922-2020  
Private graveside services with burial took place in Elizabethtown Cemetery in Delaware County.

**Joan Freck**  
1929-2020  
Funeral services were held at Needham-Storey-Wampner, North Chapel, on Tuesday, November

10 at 2 pm. Burial followed at Gardens of Memory.

**Barbara J. Rock**  
1931-2020  
Funeral services were held Church of God of Prophecy, Gas City, on Wednesday, November 11 at 11:30 am. Burial followed at Riverside Cemetery.

**Barbara J. Ice**  
1932-2020  
Private funeral services were held at Jefferson Cemetery, Upland.

**Jon R. Nordstrom**  
1945-2020  
Funeral services were held at Armes-Hunt Funeral Home, Marion, on Thursday, November 5 at

6:30 pm

**Sarah M. (Knight) Bowman**  
1951-2020  
Funeral services were held at Armes-Hunt Funeral Home, Fairmount, on Saturday, November 7 at 3 pm.

**Armandine "Amy" Parrish**  
1931-2020  
Funeral services were held at Armes-Hunt Funeral Home, Marion, on Friday, November 6 at 1 pm. Burial followed at Gardens of Memory.

**Espn Ashton Ellis**  
2020-2020  
Funeral services were held at Funeral services were held at Armes-Hunt

Funeral Home, Fairmount, on Sunday, November 8.

**Terry Jo Underwood**  
1948-2020  
Arrangements have been entrusted to Armes-Hunt Funeral Home, Fairmount. Memorial and graveside service were held at a future date.

**Bart R. Avery**  
1965-2020  
Arrangements by Armes-Hunt Funeral Home, Marion. Burial at Marion National Cemetery.

**Richard Arlen (Dick) Greiner**  
1931-2020

Funeral services were held at Christland United Methodist Church, Mar-

ion, on Tuesday, November 10 at 11 am. Burial at Estates of Serenity.

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**Don L. Hurd, Publisher**  
[president@hoosiermediagroup.com](mailto:president@hoosiermediagroup.com)  
Ed Breen, Reporter  
Alan Miller, Reporter  
Accounting and Legal Ads - Julie Loehmer, [accounting@thepaperofwabash.com](mailto:accounting@thepaperofwabash.com)  
Sales - Arlene Long, [along@thepaperofwabash.com](mailto:along@thepaperofwabash.com)  
Sean Douglas, Sports Editor  
[sports@newsherald.org](mailto:sports@newsherald.org)

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