"Run Jenny, Run" - an 8-hour run to raise awareness, funds for mental health

Marion resident Jenny Artherhults will be participating in The Dream Endurance Race on July 17 to raise awareness and money for mental health services and Family Service Society, Inc. (FSSI) in a fun event tagged as, "Run Jenny, Run!"

"Twenty-twenty was a year of endurance and trauma for society. The pandemic was heavy, difficult and life changing for many people. I want to do my part to help make 2021 better and help healing in my community, as well as



bring healing to myself," said Artherhults. "Running is a way to relieve stress, anxiety and promote mental wellness- at least it does for me. That is why I am run/walking in the 8-hour endurance run July 17th and using this opportunity to raise awareness about the need to take care of your

mental health while raising money for Family Service Society, Inc."

Artherhults' goal is to run 30 miles and raise \$3,900 in honor of doing the run for her 39th birthday. The Dream Endurance race is an 8-hour event that begins at 10 am and ends at 6 pm. In this time, runners

have 8 hours to run, walk, skip or crawl as far as they can. The event is at Butler University with the start/finish line located in front of Hinkle Fieldhouse.

Ways to participate include:

Donate \$39 in honor of Jenny's 39th birthday

Buy a 'Run Jenny, Run' T-shirt for \$20.39 by July 6 Visit Folkies and pur-

chase raffle tickets, to win fun prizes Visit www.famser-

Visit www.famservices.com/runjennyrun for donation link, to purchase a T-shirt, and for more information on raffle prizes available.

"Mental Health is something every single person has to maintain just like physical health. It is long past the time to remove the stigma of asking for help. Nothing is wrong with getting help for depression, anxiety or a hard life experience any more than there is something wrong with getting help to control diabetes or fix a broken leg. It's time to end the stigma and all come together to support mental health treatment

and raise awareness," said Artherhults.

Family Service Society is dedicated to your mental wellness and we are here for you. If you, a loved one or a friend is struggling, you are not alone. Call us 765-662-9971 or visit www.famservices.com/scheduleap pointment to fill out a request for an appointment.

For more information about the services provided by Family Service Society, Inc. and the mission we serve, please visit

www.famservices.com.

SONIC Drive-In donates to local teachers this Teacher Appreciation Month

To honor the creative efforts teachers have made to maneuver their ever-shifting learning environments and keep students engaged this past year, SONIC Drive-In donated \$1.5 million to teacher requests on national education non-profit site

DonorsChoose on Teacher Appreciation Day, May 4. As part of SONIC's

As part of SONIC's ongoing Limeades for Learning initiative, the \$1.5 million donation helped fund more than 7,000 teacher requests across the country in need of critical resources.

On Teacher Appreciation Day, the brand matched 50 percent of each donation made to all teacher requests on DonorsChoose. The following exceptional teachers received funding:

In Fairmount, Tiffany King at Park Elementary School received a total



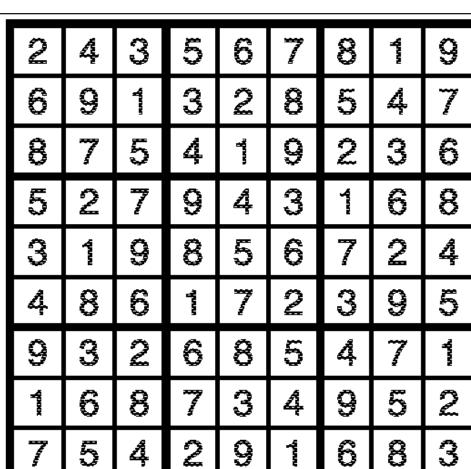
donation of \$225 for the project Rising To Our Potential With Creative Accessibility.

"Teachers took this past year head-on, engineering a variety of innovative methods to keep their students learning in both in-person and virtual classrooms," said Lori Abou Habib, chief marketing officer for SONIC. "We express our gratitude to these teachers, who create inspirational learning environments for students during a challenging time. With SONIC's \$1.5 million donation match, we were able to

much-need supplies to successfully complete this school year."

SONIC is committed to helping teachers now in this time of need, and all year long. Through Limeades for Learning, SONIC has donated more than \$19 million to public school teachers, helping more than 36,000 teachers and impacting nearly 7.4 million students in public schools nationwide since 2009. Visit Limeadesfor-Learning.com to learn about future funding opportunities and explore public school teacher requests in your commu-

Puzzle answers



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Colonial Oaks Health & Rehabilitation Center 4725 South Colonial Oaks Drive, Marion, IN 46953 www.colonialoakshealthandrehab.com

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