



A young man taking part in one of the week’s many horse-based competitions. **Photo by Sean Douglas**



There were a plethora of food vendors at the Grant County Fairgrounds, each offering a variety of delicious food commodities. **Photo by Sean Douglas**

They didn’t get to go to any carnivals or anything like that last summer or fairs. People are enjoying it. You can tell they are happy to be here.”

“It’s been really well attended. You can tell the families were glad to be able to come back,” Goff said. “Last year, it was mainly just parents that were [allowed] to be here. It’s been good to be able to have all the crowd back.”

As usual, the fair began with the crowning of 4-H royalty and recognition of 10-year members, and in subsequent days, all of the annually anticipated animal shows were held, including swine, beef, goat, sheep, rabbit, dairy beef, and horse.

Additionally, 4-H members showed off their skills in a variety of other ways, particularly in the arts — photography and many other fields.

All in all, Goff was just happy that the people of Grant County could enjoy the Grant County Fair under normal circumstances once again.

“It’s important because it teaches them a lot of different things – [like] responsibilities and leadership skills,” Goff said. “Plus, it’s a family tradition for a lot of people. Generations have done 4-H, so it’s just something that’s in those families. It’s just something that people look forward to every year.



## Cattle show

Cattle were also a part of their recent shows at the Grant County 4-H Fair. **Photo by Sean Douglas**

headset with multiple electrodes and active EEG channels, a patient’s brain can be seen working in real time, allowing for timely diagnostic-based solutions.

There are many different treatments, each with a unique set of protocols. For example, one treatment can help change a person’s sleep infrastructure, while another evaluates the electric output over the entire brain, all using neurofeedback technology and soundwave therapy.

“Brain research is coming out so much and so fast now,” Harris said. “We know so much more. We can see the brain in real time acting now, and we didn’t used to be able to do that. It is fascinating.”

After serving in various roles both in state government and at Ivy Tech, Harris developed headaches and migraines, which he had not experienced up to that point. After a few more incidents of dizziness and general fatigue, it was discovered that Harris had a brain tumor. Thankfully, the

tumor was benign, and was removed in August 2015.

Even after it was removed, however, Harris could not work for more than a day or two without his brain tiring and shutting down. Harris spoke with his neurologist and underwent an MRI, but nothing new was discovered.

A friend suggested he go to Brain Forest Centers in Fishers, a facility that specializes in neurofeedback technology and soundwave therapy. After receiving a brain mapping, it was discovered that Harris had suffered a concussion shortly after his tumor was removed, which was determined to be the cause of his issues.

After several sessions, he started to feel brand new, and before long, he was able to return to work.

“A couple of treatments took care of it,” Harris said. “For whatever reason, my brain really responded to it.”

As a result of the success he experienced with the neurofeedback program,

Harris quickly became passionate about providing this service in the city of Marion. Together with Dr. Stuart Kelly and Dr. Chad Leighty of Progressive Dental Center, the trio bought Forest Brain’s Marion practice in early 2020, and Peak Brain Centers was born.

Since beginning practice last July, Peak Brain Centers has served 50 people, ranging from ages 8 to 94, with a variety of health issues, and the results have been overwhelmingly positive.

Now, Harris plans to continue to grow his business and serve the Marion community in the years to come.

“Ultimately, our goal [is to] be a real industry leader in neurofeedback practice and neuroscience research. That’s the goal,” Harris said. “But the immediate purpose is to be able to help people the way I was helped. Our desire is to be able to help people around here, because if their brain works, that opens up all kinds of [doors] for them.”

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